Volume 96 **INSIDE:** ♦ Opinions, editorials and letters pages 4-5

> ♦ New HIV tests aim to increase testing, treatment

> > Medical News, page 9

The

University of Nebraska at Omaha

Friday, October 4, 1996

NEBRASKA STATE HISTORICAL SOCIETY PO BOX 82554 LINCOLNINE 68501

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Non Profit Org. U. S. POSTAGE PAID OMAHA, NEBR. Permit No. 301

> named Gareway Lady May of the Month

page 11

♦ Football highlights and starting

page 13



A candlelight vigil was held Tuesday night in Heartland of Amorica Park to raise awareness of domestic violence.

Vigil Brings Violence Awareness Out from the Shadows

By Jonathan Pelphrey

Heartland of America Park was the setting Tuesday night for Omaha's first candlelight vigil held to bring attention to the problem of domestic violence in the community. Speakers shed some light on the issue, speaking from their own experiences and pointing to ways the community can support victims of domestic violence.

"Out of the Shadows" was the theme for the vigil, sponsored by Catholic Charities' The Shelter, Catholic Charities' Domestic Violence Program (CCDVP), Sarpy County Domestic Abuse Program, and the YWCA Women Against Violence Programs.

Diane McKee, director of CCDVP -Council Bluffs, led those gathered at the north end of the park in the candle-lighting, 'to honor those women who have lost their lives to domestic violence,

Speakers at the vigil included Eileen Reilly-Buzzello, executive director of the Domestic Violence Coordinating Council of Greater Omaha and Judge Mary Likes of the Douglas County District Court. Likes is the first and only female district court judge in

In addition, survivors of domestic violence shared personal stories with the group. These women are all residents of the Omaha

"A domestic violence victim can look like any of us," said Reilly-Buzzello, who was a victim herself. "I was sure that I was the only person this had happened to, and that somehow it was my fault," she said of her experience with domestic abuse.

Reilly-Buzzello, in an emotional speech, reminded the crowd that domestic violence is a wide-spread and complex problem. She said many women do not know how to respond in an abusive situation where they are being attacked by someone they love, rather than a stranger

'In an ideal world, the very first time that I was hit, I would have been outraged," Reilly-Buzzello said. "I would have known immediately that this wasn't right and that I didn't deserve it. And I would have refused to stay in a situation where I was treated this

But her reality, she said, was that she was 2,000 miles from home, 6 months pregnant, already caring for a small child, with no job, no money, and no car.

Finally, after five years, she mustered up the courage to leave,

"My spirit was as broken as my body. But somehow, from somewhere — I guess from

--see Vigil, page 3--

into the corral on Saturday. See page **Homecoming Spirit Yields** 'MAV-elous' Candidates By Laura Setlak

They wear brightly-colored name tags. They

hand out free cake. They get hypnotized and sing karaoke. They are the homecoming royalty candi-

After dicin' the Bison, the

Mays look to continue their winning

ways at home when Morningside co

dates, and they participate in many of highlights that make homecoming '96 "Simply MAVelous" in the race for royalty. "Running for king was a great experience,"

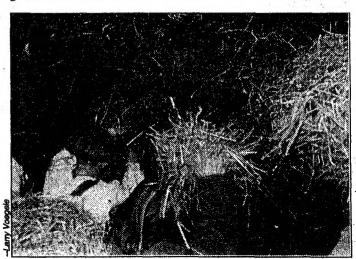
said 1995 Candidate Chris Doble. "It's not just about winning, it's to make people aware of what's going on at the university and to promote organizations they otherwise would not know about."

The task of these students, however exciting it may seem, is difficult and time-consuming. They are chosen to represent their various organizations based on their scholastic, extracurricular, and organizational achievements. From this pool come the top male and female representatives, or royalty, of UNO as a whole.

Campaigning for the royalty race begins the Sunday before the homecoming game. The candidates must follow many rules and regulations. They are allowed only to campaign by wordof-mouth, Gateway ads, and no-larger-than 8 1/2" by 11" fliers. Only 50 fliers may be posted around campus, and any violation of these regulations results in a 10 percent infraction on their

The candidates' final scores are determined in three main areas: 50 percent comes from popular vote, 30 percent from attendance at

--see Homecoming, page 2--



Students at the Hayrack ride Wednesday night got caught up in a hay fight. For more homecoming photos, see page 8.

Cigarette-Linked Investment Fund Smoky Issue for Educators

By BRIAN J. TODD

Feingold, one of five co-sponsors of Educators for Tobacco-Free Investments (ETFI).

Educators should not support an immoral. activity with their retirement funds, he said.

In a letter that was mailed to more than 1,000 college newspapers, Feingold said he and his group are targeting the Teachers Insurance & Annuity Association - College Retirement Equities Fund (TIAA-CREF), the largest private retirement system in the United States, serving more than 1.8 million people. TIAA-CREF is the largest industrial investor in Philip Morris, one of the leading cigarette manufacturers in the country. TIAA-CREF had over \$1.5 billion invested in tobacco companies this year.

"Our effort was endorsed by (former Surgeon General) C. Everett Koop," Feingold said in a Wednesday night telephone interview.

The endorsement by Koop and the added media interest it has generated in ETFI's move-

"I think that the selling of tobacco to chil- ment has come at a good time, he said. Later dren is an immoral activity," said Eugene this month, at the request of ETFI, the retirement fund company will mail a proxy solicitation to 1.43 million of its shareholders in order to gauge their support for or against tobacco

> Paul Hayduska, employee benefits manager for UNO confirmed that the university does invest its retirement funds through TIAA-CREF.

> TIAA-CREF offers investors several options for investing their retirement funds, he said, one of which already allows university employees a tobacco-free investment option. The fund, called CREF Social Choice, allows investors to choose an option that will make money and ease their social conscience.

> The downside of CREF Social Choice is that its percentage yield on money invested is the lowest of the CREF options available to UNO faculty and staff, he said.

> > --see Tobacco, page 2--

--from Homecoming, page 1--

homecoming events and 20 percent from their personal interviews. The interviews are conducted by a faculty and staff board in which candidates are judged based on poise, personality, and response to questions. All the votes are then tallied and the new king and queen are announced at halftime during the homecoming football game.

"In my campaign, I gave about 36 speeches to different organizations," said 1995 Queen Sandra Hannibal. "It was a chance to learn to speak to and motivate other people in various ways. When I won, it showed that someone really recognized all the hard work I accomplished in my undergraduate years. It was a real pat on the back."

Campaigning makes up a the main part of the race, and the candidates find creative ways to do it. They hand out fliers, make buttons, and submit ads in the Gateway. Word-of-mouth, however, seems to be the best campaign tactic.

"Just talking to people helped get my name out in the race," Doble said. "It certainly also helped bring people to all the homecoming events. It was a domino effect. People heard about the events, brought their friends, and had a great time."

"One thing we try to keep in mind with programming all of our events is that we are using student fees from all students," said Nicole Weber, director of Student Programming Organization (SPO). "We try to bring events to entertain everyone and to publicize them widely throughout campus."

These events, planned and sponsored by the SPO, are what really unite UNO together in the homecoming spirit. The entire student body, faculty, and staff has the invitation and opportunity to participate, and the events appeal to all, she said.

And the events are not over. Friday night the candidates get one last chance to make an appearance at the homecoming bash at Castle Barrett's, 42nd and Leavenworth, from 8 p.m. to midnight. Saturday, before the Homecoming game is the Tailgate Party from 4:30 to 6:30 p.m. in the upper level of the parking structure. There will be music, food, prizes, and of course, fun

"The royalty is actually a very small part of homecoming," Hannibal said. "What is worthwhile and important is bringing all students together in a more college-like atmosphere and show school spirit for the entire university."

--from Tobacco, page 1--

During the one-year period from July 1, 1995 to June 30, 1996 the percentage yield for CREF Social Choice was 16.85 percent, a yield that outpaces inflation, but does not do as well as other options. The yield on several other TIAA-CREF options gave better returns during the same time period. CREF Growth returned 26.3 percent during that time, CREF Stock returned 23.4 percent and CREF Overseas returned 18.3 percent.

Hayduska said not more than half a dozen professors on campus invested 100 percent of their retirement program in CREF Social Choice.

There are several reasons why Social Choice is not a reasonable option for professors who want to take part in tobacco-free investing, Feingold said.

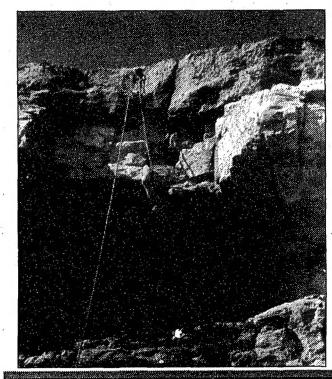
First, CREF Social Choice is a balanced account, meaning that it invests money in both stocks and bonds. Many professors, wanting to make as much as possible for their investment, avoid bond funds because they traditionally return a lower yield than stock-only accounts, he said.

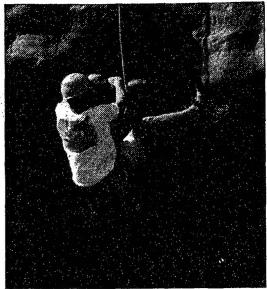
The next problem with CREF Social Choice is that it screens its investments for other things besides tobacco, Feingold said. In addition to screening for tobacco it screens against investing in nuclear energy and a list of other industries that professors may or may not find objectionable.

Feingold said he hopes the proxy solicitations will bring enough votes to make TIAA-CREF take note of the need for a divestiture in tobacco companies. If over 50 percent of the proxies come back in favor of divestment, then TIAA-CREF would be required to stop investing in tobacco companies like Philip Morris. But, he said, if less than 50 percent comes back TIAA-CREF has made no promises about divestment.

Caught between a rock...

Wil Becker (right) works on his techniques on Balcony Center Climb in Blue Rounds, Minn. The trip was sponsored by the Outdoor Venture Center.





Greg Hanlan (left) rock climbs on Balcony Center Climb. The OVC's trip to Blue Rounds was for intermediate rock climbers.

--photos by Steve Houlton

ttp://www.gateway.unomaha.edu

Clothesline Strings Up **Good Will Around Campus**

PRIZE WINNING

By Laura Setlak

Five hundred yards of string and 4,000 clothespins decorated campus for a good cause Wednesday.

The second annual Clothesline Across Campus, sponsored by the Student Programming Organization (SPO), was revived in the Pep Bowl, and as projected, was an even bigger philanthropic event than last year.

"Last year we gathered an estimated 2,000 garments," said Jason Winterboer, past director of SPO and co-founder of the event. "This year we were expecting to double that number."

And they did.

"We are completely ecstatic about the success of the Clothesline --- we have surpassed our goal by 2,500 items," said Javine Horani, assistant director of SPO. "We are truly appreciative of all those who donated. We had excellent support from students, faculty, and staff."

The event began last year as SPO's attempt to collect glothing items for the Open Door Mission.

"Originally, we were thinking of doing a philanthropy

that would break a world record," Winterboer said. "That way we would have added excitement behind such a worthy event in which students actually give something back to the com-

World records may not have been broken, but many people will benefit from SPO's efforts.

'We are trying to find a way to do our part in the community," Horarii said. "We have an excellent opportunity to do so on our campus because of its size and diversity."

SPO has adopted the Clothesline Across Campus as its annual philanthropic event and worked twice as hard this year to publicize the event.

We put in Gateway ads and handed out fliers and handbills," Horani said. "We also went through television station: and the Omaha World-Herald, but word-of-mouth and posters provided our best publicity. It really was a big success."

Horani said she feels that the large turnout this year foreshadows a great future for the Clothesline Across Campus.

"We are already looking forward to next year's Clothes line with a brand new goal to surpass."

Gateway

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Address: Gateway, University of Nebraska at Omaha, South 60 and Dodge Streets, Omaha, NE

68182-0197. Telephone: (402) 554-2470. E-mail: editor@ gateway.unomaha.edu Internet: http://www. gateway.unomaha.edu

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One per student, 25 cents each.



Marylynne Ziemba

Tony Reinke

SPORTS EDITOR

-from Vigil, page 1-

the depths of my despair at that momentusome remnant of my soul said no, no, No! And from that moment I began those baby steps that brought me here today, to the woman I am today," she told the crowd.

Another woman, who identified herself as Frankie, also told of her own experience as a victim and a survivor of domestic abuse.

"Even as a small child," she said, "I struggled to understand why my mom and dad were arguing." As she grew up, she said, she developed resentment toward her parents, and especially her father.

"When I left my parent's home, I had promised myself many, many times over that I would never ever live the life that my mother had lived," Frankie said. "So I went to

adulthood and I found myself, much to my surprise, living the life of my mother."

She said she ended up in a shelter for hat.

She said she ended up in a shelter for battered women.

"I did not feel good about living in a shelter at my age. But at the shelter, two important things happened for me," said Frankie

The first thing she gained by staying at the shelter, she said, was stability. Secondly, she said, she gained an education about the cycle of domestic abuse. Frankie said abuse of this sort includes a "tension" phase, an "acute" (or violent) phase, and a "honeymoon" phase. The cycle repeats itself, with the acute phase becoming stronger each time.

"I believe that there is hope and I believe that I am a survivor," said Frankie. "But I also believe that I am a person that is living again for the very first time."

Another woman who spoke about her experiences as a victim of domestic abuse was Janice. She shared Frankie's vision of hope

for battered women.

"I had to build a new life," she said "Burtoday I'm highly spirited, strong in my opintons, and no one in the rest of my life is evergoing to lay a hand on me."

"Sometimes you have to lose to gain, and I am here to tell you that there is a chance for those in battering relationships," Janice said. "If they reach out their hards to support

groups, to friends, the help is

All the women spoke about the need to focus on ending domestic violence in our communities.

"If we don't stop this malignancy, we'll all suffer. We've got to develop a zero tolerance attitude toward domestic violence," Reilly-Buzzello said.

She said domestic abuse should be attacked with the same fervor some people have for attacking the cigarette in-

dustry, for example.

REILLY-BUZELLO

"Years ago, when people began to lobby against the effects of second-hand smoke," she said, "no one would have believed the kind of siege the tobacco industry is under today. We ought to do the same thing about domestic violence. Each of this should take personal responsibility for this outrage."

Reilly-Buzzello also gave some basic suggestions to those gathered at the vigil.

"If you are a victim, hold your batterer accountable... If you are a batterer, get help. If you are neither, hold yourself and your community accountable by reporting the violence that you see or hear. Do what has to be done to make sure that domestic violence victims are safe."

Another candle light vigil, open to men, women and children, will be held in Council Bluffs at Bayliss Park on October 10,



George's Early Beginnings

SAMER HAMADEH AND MARK OLDMAN College Press Service

Q: Where did you intern and what did you do?

A: My first internship was the summer of 1981, and it was in the office of Congresswoman Mary Rose Oakar, here in Washington D.C. It was about just about six weeks. That was interesting, it was a split summer. The second six weeks I interned with the Cleveland Electric Illuminating Company. They were both great, but helped me figure out what I wanted to do. I liked the political work, the Congressional work much more.

Q: Did you intern anywhere else?

A: Right after I graduated I interned with the Arms Control Association. It was terrific; it was in association with the Carnegie Endowment for International Peace.

Q: Was this when you appeared on "Nightline"?

A; Right, it was crazy. This guy from off the street would always come in [to the Arms Control Association's office] and offer \$10,000 to anyone who would prove that nuclear weapons deterred war. Since I was an intern, I was the one who talked to him. So when he tried to blow up the Washington Monument, I called the police, and from there on I was the guy who knew the guy who wanted to blow up the Washington Monument.

Q: Are you still in touch with some of the people you interned with?

A: Sure...[they are] some of my best friends.

Q: If you had to distill out the most important things you learned as an intern, what would they be?

A: The biggest thing is that you learn what you're suited for. It's a great chance to experiment and see what kind of work you want to do and whether you're interested in it. And secondly, you learn, simply, how to work your way around an office. It's a great transition.

Q: Do you have your own interns now?

A: Sure. I take about four interns a semester.

Q: How do you interact with them?

A: I don't see a lot of them. But I try to make sure I have lunch with them at least once. Besides that, they work with [my assistants], but I see them around. It's not necessarily a direct, day-to-day working relationship.

Q: Do you realize that you may be the only former intern we're interviewing who has a fan club?

A: [chuckles] No comment.

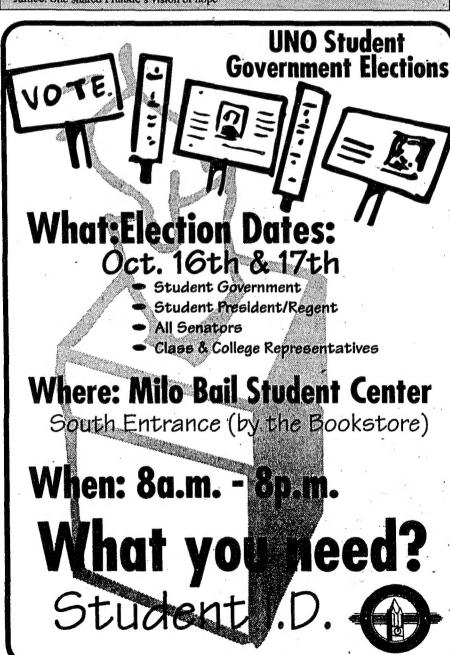
Q: Any other advice you would give aspiring interns?

A: I'd say go out and experiment, try things, see what you like. Take a chance, don't think it's forever. Go out and try something different in an internship, because you might discover something you didn't know.

Samer Hamadeh and Mark Oldman are recent Stanford University graduates and coauthors of "America's Top 100 Internships" (Princeton Review/Villard Books).

Your name could be here

Let the *Gateway* know if your club or organization is doing anything special or out-of-the-ordinary. Send us a press release.





Opinions & Editorials

Where are the Fans?

I recently had the privilege of eating lunch with members of the UNO football team. No, I wasn't the top booster for the year, nor was I filling their heads with an in-depth look at the upcoming presidential elections. We were studying for our accounting test, and they were the ones doing the teaching. Pete Coniglio, Paul Kosel, and Rocky Henkle were mulling over the millions of pages assigned and I was simply trying to stay on the same intellectual level as the players. Soon, though, my thoughts drifted far away from the world of accounting. I started discussing the football team, and who better to carry the conversation with

than actual play-



A dark cloud hung over the city of Fargo, North Dakota, as the M a v e r i c k s emerged from an enormous victory against the num-

ber one team in the nation, North Dakota State.

Ladies and gentlemen, the Mavericks have just left the

This places the Mays smack-dab in the thick of the school's winning tradition of old, dating back to the days of former coach Sandy Buda.

The victories against the powerhouses are here. But where are the fans?

I realize how difficult it is for students at a commuter campus, like UNO, to be active and attend various functions. I can attest to that, since I am involved in various clubs and activities. Why not try to make a little time to show our support for the football team?

Not winning can no longer be an excuse. The Mavericks have worked diligently to attain their goal of being in the upper echelon of football programs. Let's reward their efforts by going to the games.

Money cannot be a factor, since students get in for free. It's your student dollars at work — put them to good use. No one is forcing anyone to go to the games. Enjoyment and exciting college football should be reason enough. Coach Behrns has sparked this program with a good combination of discipline and attitude. It has worked splendidly so far,

Where have you gone, Chuck Hassebrook?

The NU regent who felt compelled to rap on the helmets of UNO football players and tell them to take a seat on the sidelines, can now eat his words. Open mouth, insert foot. The money for athletics is not being wasted, and should not be reallocated to "other interests." Don't give Mr. Hassebrook a reason to shun the UNO football team. Fan support is something that can keep the blood flowing through the football lifeline. Not only does it reveal the student body's support to the naysayers, it also invigorates the team. There is nothing more uplifting for a team to see thousands of fans cheering them on.

Not only do we need to support football, but the volieyball team as well. They are having an excellent year. I am not a huge volleyball fan, but how can anyone say they are not exciting to watch? Year in and year out, the volleyball team has proven to be a national powerhouse, and this year looks very promising for them to reach the pinnacle of their season.

At the beginning of this year, I didn't feel very compelled to attend any UNO athletic events. Winning helps open people's eyes. The football and volleyball programs have done that. If we put forth a tenth of the effort the teams do in preparation for their games, we will be successful in showing our support. Let's make it a point to get out to every event we can, to let our athletes know we support them 100 percent.

Oh, and Coach Behrns, thanks for recruiting Pete, Paul, and Rocky. Not only do these gentlemen excel on the football field, they also take their academics seriously. Accounting has just gotten a little easier for me, thanks to these guys. It's not always about money, is it Mr. Hassebrook?



Mr. October Caught in the Act

Did you hear about what happened to *Cosmopolitan* magazine's bachelor of the month? Yes, he did receive a lot of fan mail, lingerie and several marriage proposals, but that is not the best part. After appearing in the magazine, he was arrested for failure to pay child support.

Can you believe that Mr. October is a deadbeat dad? This man is not unemployed, disabled or mentally incompetent.

On the contrary, the surgeon is quite wealthy and athletic. The magazine bragged about the country's number one eligible bachelor's occupation, hobbies and the qualities he wants in a partner. The magazine quotes Mr. October saying, "Too many women are scared to be honest—

which causes problems."

Boy, is he going to have problems.

It is so ironic, because I was reading the

magazine when the evening news aired the story. I nearly ripped the pages of the magazine looking for the article. Although the news did not go into detail about the amount of support he owes or how many children are involved, they did focus on his arrogant personality. They showed the police escorting a barely-dressed Mr. October from his home. Mr. October appeared puzzled and continuously questioned the police. Once the police notified him about his arrest, the stunned man could not believe that they were arresting him due to unpaid child support.

How can a person wanted for unpaid child support allow himself to appear in a national magazine? Did he not consider the consequences of his appearance or was he in desperate need for female companionship? I guess he thought that no one would recognize him in the article or maybe he did not care.

What a loser.

The whole situation was quite comical. It took me a couple of minutes to regain my composure and stop laughing, I laughed so hard. After calming myself down, I realized that this is a serious matter. Mr. October evaded his responsibilities as a parent for selfish reasons. As a result, he must live with the consequences of his actions. He contributed to the creation of a child, but did not want to financially help the mother.

I am not preaching that parents should stay together for the sake of the children. Both parents should be held responsible for the child until he or she reaches adulthood. Saying this is not an isolated incident is sad and Mr. October is not alone.

MICHELLE

McGinnis

Columnist

Failure to pay child support has become a true epidemic in our country. Many parents are unwilling to pay child support and the unpaid debts are rising. This selfish action not only effects the single parent, but the child, too. In certain circumstances, children are living a lifestyle to which they are unaccustomed. Sometimes the little things are eliminated

to pay for the necessities of life.

Parents do not pay child support for many reasons. The parents may feel resentment toward the custodial parent and withhold money. In other words, nonpayment is used as a means of punishment. Obviously the parent is thinking on a child's level himself: "If I cannot get my way, you have to suffer." In other situations, the parent may be unemployed or unable to find the custodial parent or child.

Regardless, these reasons are inexcusable. Generally, payments are arranged so that the parents never come in contact with each other. If you know where to send the child support pay it — if not, ask the proper authorities. If you are unemployed, send what you can and arrange to pay the remaining balance. It is easier said than done.

A good friend of mine is having child support problems. Her child's father is sending only a small portion of the court-ordered payments. The father can afford the payments, but is too busy enjoying his carefree lifestyle. Although she is aware of his financial situation, she does not want to pursue the back child support.

One day we were talking about her situation and options. She told me, "He knows his responsibilities as a parent and the last thing I want is to have his checks garnished. I am just happy that I have full custody of my son."

I support my friend in any decision she makes but I hope one day soon she will realize that the child's father has a financial obligation to his child. It is not about money. The big word is responsibility.

If custodial parents remain passive, who knows what is going to happen to the parents who do not financially support their children. Evidently, many mothers and fathers continue to live in the lap of luxury, while their children suffer. I am glad that Mr. October will face his responsibilities as a parent and I hope that other parents follow his ex-wife's example.

Write a letter to the editor. See page 2 for complete listing of our letter policy.

Opinions & Editorials

Gambling Costs Don't Add Up

My parents live in Arkansas, and they recently reminded me of something I've been wanting to write about. Arkansas, you see, is one of a handful of states that still does not

JONATHAN

PELPHREY

Columnist

operate a state-run lottery. My parents tell me there's a plant afoot down there to change that.

I can only hope that the effort to introduce state-sponsored gambling in that state does not succeed.

The fact is, state lotteries stink. First of all, gambling is gambling, and whether it's sponsored by the state, or by the mob makes no difference. It seems people too easily forget that simple fact, instead trying to focus on all the "good" a state-run gambling operation will do for the people.

It will bring in all sorts of new jobs, they

the state? Is it really worth the millions of dollars Nebraskans throw away every year on gambling to provide those few jobs? It would make a lot more sense to me if we simply

> opened up our wallets and paid these people to learn the skills required to get a real

It will reduce the tax burden on Nebraskans, they might have said (it's been a long few years for me). Nonsense. State-sponsored gambling is nothing more than

extremely inequitable and inefficient taxation. It seems to me that some of us would actually have a better chance of "winning big" if we kept the money we gambled and put it in an extremely high-risk investment. Besides, when is the last time you heard someone praising state-run gambling for reducing their tax cial planning and foresight for the quick-fix. Over the long run, this inattention to planning has disasterous effects. Individuals learn to 'roll the bones' instead of taking responsibility for their lives and the lives of their family

Second, gambling ruins lives. Instead of benefiting everyone in a state, in preys on certain individuals. Compulsive gambling completely destroys entire families. All in the name of increased revenue. I'm sure you've all heard a lot about this problem, but it's a

Sadly, in the future, any increase in employment we could attribute to state-run gambling will probably come in the form of counselors for persons addicted to gambling.

The thing that really upsets me is that money that could be spent on helpful things in the real world, is spent promoting a lottery that helps nobody. Oh sure, it fills the coffers. But it does so at a huge price. Too high a price. And for what are we filling the coffers? Why, to make sure we have enough money to pay for welfare programs and school lunches and

> lottery workers and gambling addiction recovery centers.

And another thing: everyone knows that it's not the rich who gamble. It's the poor, the desperate, the needy, the sick, the unemployed --- the ones who are 'benefitting' from programs which are financed by the lottery. Does anyone else see anything sick and wrong about this?

It seems to me that if we really want to help each other out, we'd quit throwing our money away, and start providing for the less fortunate in our own communities. But that's not really what we want, I suppose. If it was, we'd be doing it.

'University once again turning its back on students'

Dear Editor:

Upon reading the article "KBLZ's Future Haunted by Past," I was extremely disheartened and discouraged to learn that the university was once again turning its back on the stu-

I feel cheated that the sins of the past are forever closing the door on what could be an important opportunity for students. Too often the university does not have viable, hands-on opportunities to gain experience. As a broadcasting major, I feel that the creative outlet offered by KBLZ could have been extremely beneficial. While I am not trying to justify the actions of past indiscretions, it is repugnant to me that the university would turn its back on eager, hard working students because of the actions of a few inconsiderate ones.

It's frustrating to hear Guy Conway blame the demise of KBLZ on programming. It that was the case, why shut down the whole institution, why not simply go to the source: change the programming. There are many students that realize this is a commuter campus and the music range should be more varied, but now we no longer have an opportunity to prove ourselves.

Conway says that KBLZ was not a "a professional training ground for students." Well why is that? Why attack the symptoms and not the problem? There are some opportunities at KVNO but certainly not enough to contain all the broadcasting students interested in radio. KBLZ could be a training ground for some of these students.

The strongest argument against bringing KBLZ seems to be the wiring problem. Sure, \$10,000 is a lot of money but we have a \$25,000 fountain. There has to be an allocation of funds somewhere if given the chance to explore it. Conway seems too eager to just dismiss the problem and disregard the students,

There is space for it and there are responsible students interested in its return. I just wish Conway could broaden his scope of the situation instead of just focusing on the negative aspects associated with it in the past.

Cullen Chollett UNO student



THE RECLINE OF WESTERN CIVILIZATION

"Do you think Student Government has done anything for you?"



Guillermo Farfan Iluno English student

"I don't know



Gerald Funk MBSC Janitor

"They are always trying to better our university and community at large"



Kathy Dowse Junior psychology/prephysician's assistant major

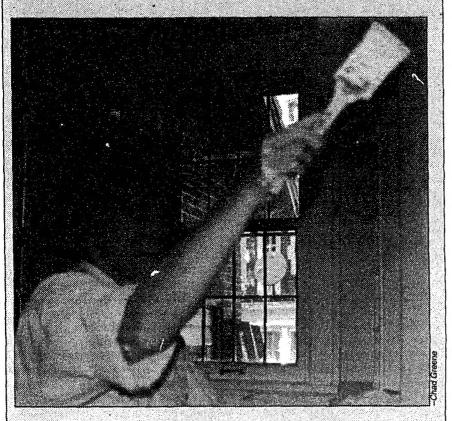
"I'm sure they believe they have: I'm unfamiliar with what they've done."



Mike Matz Senior criminal justice/ psychology student

"I'm sure they have I don't know what they do Birt they complain about parking every

Lending a helping hand



Alice Villone, staff assistant in Computing and Data Communications, puts on a fresh coat of paint at the University Religious Center Saturday. Volunteers from all over the city, including UNO faculty staff and even a Boys Scout troop, helped give the University Religious Center located on Happy Hollow Blvd. a much-needed face lift.

Body Art Is Making Its Mark

By TENNIE TEZAK

The Orion California State University-Chico

CHICO, Calif.—When we see them, we whisper and gawk and point. If we work up enough nerve to talk to them we might ask "Why did you do it?" or the classic question: "Did it hurt?"

Who are "they"? Those brave souls who allow a person armed with a needle to trace a design onto their various body parts or who have metal ornaments attached to their bodies. These are the people who have tattoos and body pierces.

The art of tattooing, according to Max Kilbourne, a talented tattoo artist at New Creations on 631 Flume St. in Chico, has been around for 2,000 years. Recently a man 2,000 years old was found with two tattoos of both a man and a sun on his body.

So what is the draw of tattoos and body piercing? Why do people do it in the first place?

Jessica Meeks, a sophomore business major at Chico State University, had wanted a tattoo since age 16. She has four tattoos, a nose pierce and a librett(chin pierce). Meeks' tattoo of a Celtic cross on her lower back symbolizes death, strength and immortality. Now that the ink has dried and the piercing holes have healed, Meeks said she feels no remorse. Her parents, however, didn't exactly accept their newly decorated daughter with open arms.

"My mother didn't talk to me for three days, and my father said that he was just glad that I haven't hit amputation," Meeks said. "But they don't mind as much because I don't do drugs, and I've been on the dean's list since I've been at Chico State. "

Before getting a tattoo or body pierce, be sure that it is truly something that you want to do because problems can occur.

Aisha Olmedo, a sophomore majoring in physical therapy at Chico State, had her tongue, nose, and bellybutton pierced at one point. She had each one removed because of the various crusty infections, and also because

of her mother's negative reaction to her pierced tongue.

Olmedo also got a tattoo done with her exboyfriend (Chinese letters declaring their love for each other) and regrets it. "You know you're going to break up with someone if you get their name tattooed on you," Olmedo said.

Kilbourne, when asked about how much preparation a person should go through before getting a tattoo, said that "the person should be decisive, they should know what they want, and they should find an artist who works best for their type of art and to not let money be an obstacle."

Haley Green, a freshmen majoring in social work at Chico State, has a librett. "My parents have brought me up to be a conformist, and I did it not to spite them, but to show myself that I can do what I want to do and that I'm not stuck in one personality, because I think change is good."

When asked about whether or not tattooing was becoming an "in" thing, Kilbourne said "tattooing will last as long as rock n' roll."

"We all have a little bit of James Dean in us," she said. "As long as you have to be 18 to do it, it will never die."

Sometimes people get tattoos to remind themselves of a loved one, as was the case at New Creations recently. According to Kilbourne and Tiffany Williams, the receptionist at New Creations, a high school age boy was killed in a car accident, and a large number of people in his family and his neighbors and friends came in to New Creations to get identical tattoos to remind themselves of him.

"They were just crying as I did their tattoos," Kilbourne said. A piece of advice for
anyone considering getting a tattoo: Be sure
to get one for the right reason. Don't tattoo
yourself to anger your parents, or because all
of your friends have one. Pick something that
is a symbol of you and which has some significance to your life. It is a work of art that
you will have forever.

Masquerade Ball



Friday, Oct. 18th 8p.m. - 12.a.m. MBSC Ballroom

**Psychic Reader

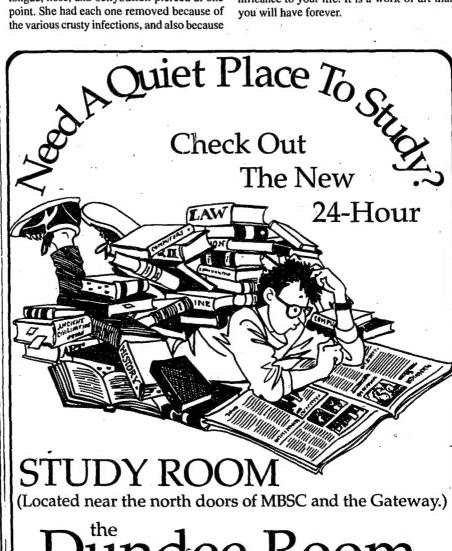
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UNO Grads Among Peace Corps Ranks

By Jonathan Pelphrey

Like other Nebraskans who have volunteered for the Peace Corps through the years, UNO and University of Nebraska -Lincoln alumni are playing a role in the overseas efforts of the Peace Corps. Some UNO graduates serving in the Peace Corps right now, and another will be joining them this month.

More than 1,000 Nebraskans have worked in the areas of education, health, business, agriculture, engineering, and the environment since 1961, according to Jeff Martin, an area representative at the Denver Peace Corps Regional Office. In the 35year history of the Peace Corps, he said, Nebraska volunteers have contributed to the development of 130 countries.

Martin said two Nebraskans are about to leave for service in Africa. Michelle Evans, a 1996 graduate of UNO in elementary education, will be putting her degree to work as a resource teacher in Namibia, Africa. Evans said she will help set up teaching resource centers throughout the country, and will assist in developing better teaching methods. "I will be learning as I go," she said, "since I don't have a lot of experience."

Evans is confident, though, that her experience will be a good one. "I really haven't ever heard of anyone who's had a bad experience," she said.

Evans said she has a variety of reasons for volunteering. "I'm really interested in people and other cultures," she said. Evans added that she has been thinking about serving as a Peace Corps volunteer since December, 1995. "I thought it would be a good way to put my degree to use. . . to help other people, but also to challenge myself," she said.

Teri Wingate, a 1986 graduate of UNL in advertising, will also be going to Africa this month. She will be working in natural resources management in Niger, West Africa. Wingate said

her activities will include digging wells to provide poor communities with drinking water, building large wood-burning ovens, and other projects which will help people improve their standard of living. Wingate said her training will be begin October 20 in Hamdallay, just north of the capital city of Niamey.

"The closer it gets," Wingate said, referring to her departure date, "the more excited I get. This is a wonderful opportunity to experience a different culture and to learn from people who live in an entirely different way.'

Wingate, who has been working as a graphic designer for an Omaha insurance company, said her decision to go into the Peace Corps was not an easy one, but her company has been extrememly supportive. "It was great that [they] supported my decision," she said, "but you have to know that this is what you really want to do.'

Wingate said she is going because she wants personal growth now, not only professional growth. Others agree with her.

James Bechtel, who received his degree in political science from UNO and, later, a master's degree in history, went to Pakistan with the Peace Corps in 1962 - 64. Aside from the romance and adventure of visiting a foreign land, he said, he went for the learning experience and to test himself. He said his experience in the Peace Corps was a major influence on his decision to change the direction of his schooling when he returned to the

"I started out in engineering, but there I became more interested in social questions," said Bechtel. His visit to Kazakhstan, then a region of the Soviet Union, opened his eyes to social and political differences in Third World areas, he said, which led him to change his major when he retrurned to UNO.

Bechtel worked in the rural works program in Pakistan, building roads, bridges, drainage, schools, and clinics. He said conditions there were far worse than one might think. He said there were very few roads, and no privately-owned cars to speak of. "I visited Nepal right after the very first road was built there," he

Bechtel is a member of the Nebraska Area Returned Peace Corps Volunteers (NARPCV), one of the first such groups in the country. Ron Psotă, a graduate of UNL and a former city planner in Omaha, is also active in the organization. He spent 1968-71 in India with the Peace Corps. Psota said there are about 200 members of NARPCV, though not all are active. The Nebraska group, he said, started the national returned volunteers group and had a few members become president of the national organization.

Bechtel said he had a very rich and unique experience with the Peace Corps. Not only was he influenced by the people there, but he was given a different view of the world. President Kennedy was shot during Bechtel's stay in Pakistan, he said, and "we started hearing, over short wave radio, about some very strange music coming out of Great Britain from a group called the

Wingate is excited about the possibility that her life will be similarly effected. "What other opportunity would you have to immerse yourself in another culture so completely," she said. "and have such a safe way to do it?"

Peace Corps volunteers must give about two and a half years of their lives overseas, Wingate said. "But, if you think about it," she said, "that's about how long it takes to get a master's degree. And this is another way to learn and grow as a person."

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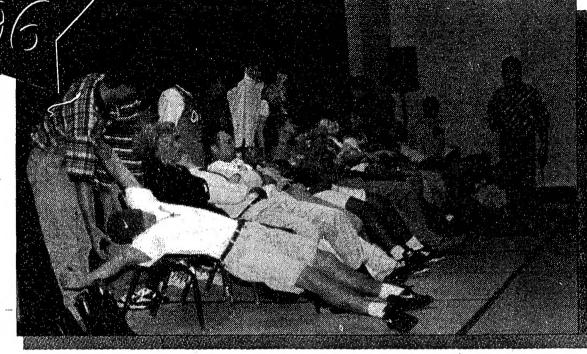
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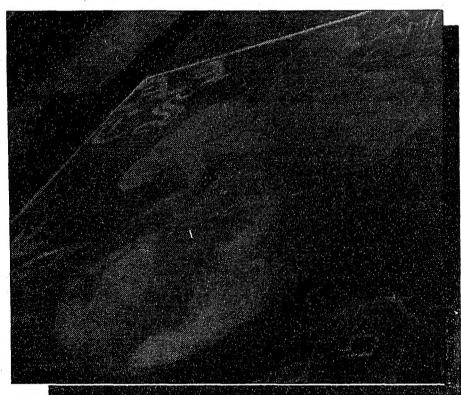
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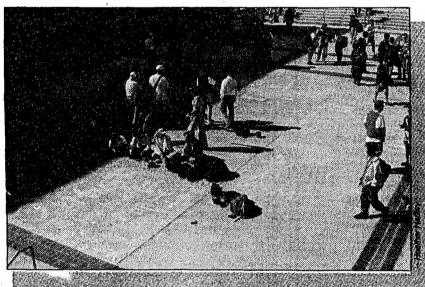
Hypnotist Jim Wand (far right in photo at right) held a stage full of students under his hypnotic spells Tuesday during lunch in the Nebraska Room in the Student Center. SPO sponsored the weeklong activities for homecoming.

Students at the hayrack ride (below) bombard an unsuspecting student with a handful of hay.

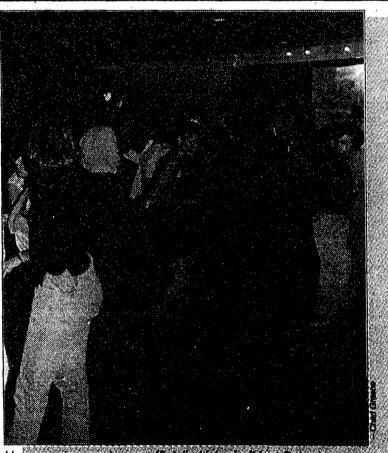








A sidewalk-chalk drawing contest was among the many activities that kicked-off homecoming week 1996 (above photo and photo above at right). The theme this year is "Simply MAV-elous."



Homecoming week was officially kicked-off last Saturday night with a dance (above), featuring the music of Caribe. The dance was held in the Milo Bail Student Center.

Alternative HIV Tests Aim to Increase Testing, Treatment

By Andrew Kammerer

During an age when sexually transmitted diseases are a realistic concern, companies have begun to market alternative ways to test for the HIV virus.

The new Seradyn Sentinel Urine HIV-1 test has been introduced to use the body's urine for an "accurate, less expensive, and convenient," way to test for HIV, according to promotional materials.

Sentinel was recently approved by the FDA and hopes to market the product to those who are reluctant to test using a needle. Seradyn claims in its promotion that their test is cheaper that traditional methods because it eliminates the cost of sample and instrument disposal, and saves time because no pre-treatment or special training is necessary. Although this test still requires a doctors visit, the price is about \$15-\$20.

Another alternative is Home Access, a blood test ordered by phone and performed inside the home. The sample is then sent back to the laboratory for screening. After the product's cost and return postage, Home Access' price is close to \$50-\$60, said Richard Santee, director of education and volunteer programs for the Nebraska Aids Project.

The only remaining question is, how effective are these tests? Santee questions how effective these "private-tests" actually

"Because we're dealing with a blood-born pathogen (HIV), blood-tests are the most accurate test there is. We are not going to convert to urine tests at our testing sites because they are too new, and not enough validity studies have been done for accuracy," said Santee.

Another possible problem is human error, or those people who do not follow the directions of the product, Santee said.

"We are expecting that people are going to read all of the instructions very carefully; something they have to do for these tests to be valid. That's just wishful thinking," said Santee.

Santee is also worried about the misconception of how long it takes for the virus to show up in any form of HIV testing.

The Time is Now to Do Your Body Good

By REBECCA HAMMOND

To college students, osteoporosis may seem like a far-away worry, but those who don't drink their milk now may pay for it later in life. Not getting enough calcium causes increased risk of bone fractures due to low bone density, according to recent information released by the Milk Processor Education Program (MPEP).

"Students aren't aware that they have a limited time to build bone density and that bones can continue to increase in density until the age of 35. If they're not getting the calcium provided by drinking at least three glasses of milk a day, they may be depriving their bones of the calcium needed to reach full bone mass potential," said Kurt Graetzer, MPEP executive director.

Osteoporosis is a condition where bones lose density and become abnormally fragile and easily broken, Jamet Barger-Lux, a senior research associate in Creighton University's Osteoporosis Research Center, said.

Several factors play a role in bone development. The National Institutes of Health (NIH) recommends that collegeage men and women consume 1,200 to 1,500 milligrams of calcium a day, the equivalent of three eight-ounce glasses of milk.

"USDA food consumption surveys indicate that calcium is one of the essential nutrients lacking in this age group," said Dr. Susan Barr, associate professor of nutrition at the University of British Columbia - Vancouver. "College students are depriving themselves of a mineral that is essential for building bone mass during growth years, maintain bone density as an adult and slow the rare of bone loss caused by aging."

an adult and slow the rate of bone loss caused by aging."
"I drink about three cups of milk everyday. My grandma
has osteoporosis. I'm afraid my morn will have it, so I'm defending myself." said Seariett C. Fisher, a UNO senior.

fending myself," said Scarlett C, Fisher, a UNO senior.
"I'm lucky if I have milk on my cereal," Cheryl Guertin, a
UNO freshman, said. "My mom tells me I should be worned
about osteoporosis, but I'm not because I'm healthy and I take
good care of myself."

Proper nutrition is the most important part of osteoporosis prevention.

There are several calcium supplements available over-thecounter to help make meeting this dictary need easier. But

-see Milk, page 15-

"I'm afraid that people are going to go out and have a 'good time' on Saturday night, buy the kit the next day, and not have any idea that it takes the body six weeks to three months to develop antibodies for the virus. They're going to call in for their negative results, and spread the virus all over the place," said Santee.

Another major concern is positive test results."What happens when these telephone-tests come out positive, and how do you go about telling the infected people?"

"I don't care how good that counselor is on the other end of the telephone, it's not the same thing as people-to-people. What if a person threatens suicide on the phone, what can that counselor possibly do?" said Santee.

Santee said it is nearly impossible for telephone counselors to have local resources on hand for every person in need across the country.

"It is my job to keep track of resources throughout the state of Nebraska where we can refer those who test positive. These change almost day by day," he said.

Santee also questioned the confidentiality of mail-away tests.

"When you order these products with a 1-800 number, you're going to have to have a credit card; there goes your confidentiality. Also, when you buy the product, you get a code number that is your number for your results. If somebody wanted to, they could take the number and get your results by reading that number to them. There is no way they're going to be able to identify you," said Santee.

Santee credits the companies for their awareness, but worries that the lack of information that most people have about HIV will make these products more problematic than beneficial.

"I'd hate to see these misused products giving people a negative result, and false hope," said Santee.

Currently, the Nebraska Aids Project gives free, confidential HIV blood tests for anyone in need.

Services and awareness increase

No One Has to Grieve Alone

By Patricia Justice

A grieving person rides a roller coaster of emotions. No prior experience can fully prepare a person for the death of a spouse, parent or close friend. While other losses, such as divorce, moving way from friends, the death of a favorite pet can trigger similar feelings, none compares in intensity to the death of a close relative or special friend

"The most important thing that people should know about grief is that it is a process. It is something you go through. You can't go around it, you can't go under it, you can't go over it. You have to go through it. If you don't go through it at the time of the death, you will go through it maybe 10, maybe 20 years later," said Rose Jones, a UNO master's degree candidate in psychology and an intern at the Centering Corporation, a local non-profit grief counseling agency. Centering Corporation was founded in 1977 by Joy and Dr. Marvin Johnson.

Much research has been done about grief. Beginning with the work of Elisabeth Kubler-Ross in the 1960s and 1970s, people have begun to learn more about the effects of grief and how people survive this process.

There are several steps usually experienced in the grief process. They were first explored by Kubler-Ross, but Jones said they are not completed in a prescribed order. Many also overlap, or may be repeated more than once during this pro-

In Finding Your Way Through Grief, Theo Munson lists several of the steps along with some suggestions for dealing with the reaction.

Shock: The person may be stunned, whether the death was sudden or anticipated. This can show up as an inability to cope with normal everyday tasks. Driving, studying, working may all be difficult.

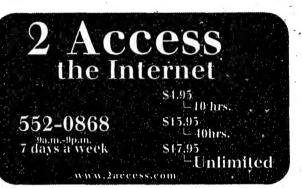
Denial: Avoiding the reality by pretending it never happened. Refusing to attend or help plan the funeral or memorial services, not talking about what happened. People may continue their normal routine or undertake additional work to keep busy.

--see Grief, page 10--

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Depression Afflicts More than the 'Weak'

By BETH WARNER

Depression is more than just the blues.

Thursday Oct. 10 is National Depression Screening Day and St. Joseph Center for Mental Health (SJCMH) will offer free screenings at 6:30 p.m.

Last year more than 80,000 people attended screenings at 2,400 sites nationwide. Jeri Ziegler, Community Relations Representative for St. Joseph Center for Mental Health said the screening has four components. Participants will watch a video describing the symptoms and causes of depression. Afterwards there will be a question and answer period with a mental health professional. Participants will complete a self inventory and be interviewed. The interview will provide feedback as to whether the individual needs a professional evaluation and may make suggestions for treatment.

She said about 80 to 90 percent of people who experience depression can be treated, but only one in four actually seek help.

Ziegler said the screening day "Is a way to take the stigma out of mental illness," and to let people know that it's nothing to be ashamed about.

"It really is an illness like cancer, diabetes or rheumatism," Ziegler said. "There are many people who suffer needlessly."

This is the fourth year SJCMH has offered screenings.

She said some participants come to the screening alone while others are accompanied by a spouse or family member.

"Many come by themselves, many bring a significant other. Both are able to go through the testing," said Ziegler. "Some say I'll take it if you take it."

"Often people feel like the depression is their fault or a sign of weakness," Ziegler said, "it is an illness, with definite signs and symptoms."

Ziegler said depression differs from the blues. While the blues are usually temporary, depression "really persists."

According to the American Psychiatric Association (APA) a person who has had four or more of the following symptoms continually for more than two weeks should seek profes-

sional help.

*Noticeable change in appetite, with either significant weight loss not attributed to dieting or weight gain.

. *Noticeable change in sleeping patterns, such as fitful sleep, early morning awakening, or sleeping too much.

*Loss of interest and pleasure in activities formerly enjoyed.

*Loss of energy, fatigue.

*Feelings of worthlessness.

*Persistent feelings of hopelessness.

*Feelings of inappropriate guilt.

*Inability to concentrate or think, indecisiveness.

*Recurring thoughts of death or suicide, withing to die, or attempting suicide. (Note: People suffering this symptom should receive treatment immediately!)

*Melancholia(defined as overwhelming feelings of sadness or grief), accompanied by waking at least two hours earlier than normal in the morning, feeling more depressed in the morning, and moving significantly more slowly.

*Disturbed thinking, a symptom developed by some severely depressed persons. For example, severely depressed people sometimes have beliefs not based in reality about physical disease, sinfulness, or poverty.

*Physical symptoms, such as headaches or stomachaches.

*Nearly everyone suffering from depression has pervasive feeling of sadness.

Depression strikes more than 17 million Americans each year, according to figures from the National Institute of Mental Health.

Suicide is the third leading cause of death among people age 15 to 24. Every day 15 people age 15 to 24 kill themselves. Suicide is the eighth leading cause of death in America according to the APA.

Ziegler said one of five people will experience depression during their lifetime. Both women and men can experience depression and it can occur at any age. One in four women and one in ten men can expect to develop it during their lifetime.

Jeannette Seaberry, assistant professor of counseling at UNO said a person experiencing a major depression, "has to experience a depressed mood and loss of pleasure in any and all activities for two weeks." That feeling would persist, "most of the day every day." This would be accompanied by changes in appetite or weight, sleep patterns, activity level and fatigue. A feeling of worthlessness or guilt, difficulty concentrating and making decisions may also be present. Sometimes the individual has thoughts of death or suicide or plans and attempts at suicide.

She said a decrease in functioning, in social occupational or daily living accompanies depression.

She said a person who has experienced a death, divorce or other trauma could experience these symptoms for two weeks and not be considered depressed because they would have a just cause for the symptoms.

She said sometimes there is a physical cause for depression-like symptoms. For example drug addiction, medication or hyperthyroidism can produce similar symptoms.

Seaberry said depression "has to have a significant effect on social, occupational or daily living skills. It overwhelms the ability to function in an important area," she said. "Another symptom is a dramatic change in the ability to take care of self or others."

"The good news is that most can be treated with medication," said Seaberry.

Often the person is treated for the most pervasive symptom. For example medication may be given to treat a decreased appetite. Because they begin to eat better they feel better and can begin to work on other symptoms.

"What is helpful is to talk to someone so the person can see its a temporary thing," said Seaberry. "People don't see that this will end and they feel they can't stand it any longer."

Seaberry said depression is not a disease, but it is a disorder.

Other sites for depression screening can be located by calling 1-888-805-1000.

--from Grief, page 9--

Uncontrolled emotions: Anger, fear, helplessness, and apathy may take extreme forms during the grieving process. Closely related are disappointment and frustration.

Guilt: The regret over what was done or not done while the loved one was alive.

Depression: An emotional paralysis, stronger than other emotions and halting recovery. This may be accompanied by hopelessness, frequent crying spells, lack of personal hygiene, inability to accomplish tasks. This may be followed by despair, the act of giving up on oneself and on life.

Loneliness and emptiness: The most common feelings of all, missing the loved one and feeling like part of you died as well.

Jones said it is very important for a person experiencing grief to have someone they can talk with.

If a friend is experiencing grief, "the best thing you can do for them is to listen," said Jones. "To listen openly and acceptingly. You don't have to say much, you just have to be there and listen."

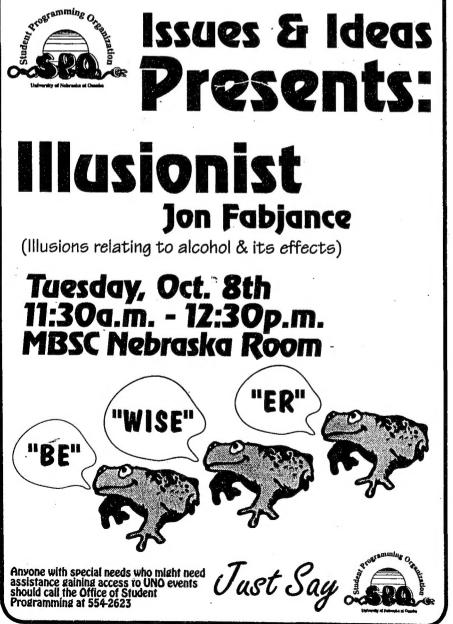
Adults and children grieve differently. Children don't understand abstract ideas or concepts. The worst thing a child can be told when someone dies is that they just went to sleep said Jones..

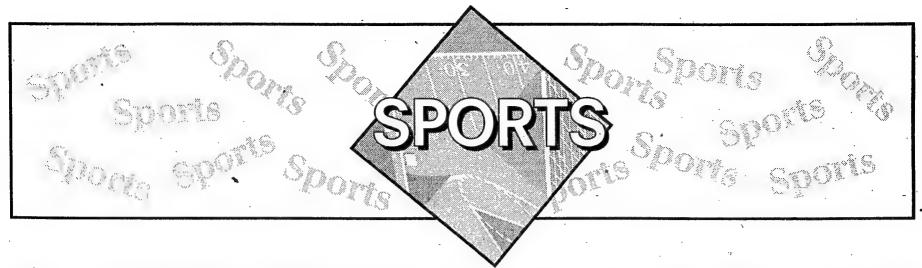
"A child is told that Grandma or Grandpa 'just went to sleep' and this makes them afraid to sleep, too," said Jones. "If Grandma went to sleep and now she's gone, then they're not going to sleep for fear they'll go away, too."

There are a number of grief support groups in Omaha and Council Bluffs for people of various ages who are experiencing grief. A complete listing is available through the Centering Corporation at 553-1200. They have a public resource room as well as a catalog.

The counseling center at UNO, staffed through the counseling department, also offers short-term counseling for students and others going through grief. Located in Kayser Hall, call 554-2727 for information or an appointment.







Week After Upset, Homecoming Makes Morningside Match-Up Big

By Brandon Brown

Homecoming brings about a feeling of pride, a feeling of belonging and a sort of brightness around all that is done during that time. UNO's homecoming promises to be no different, as the Mavericks take on the Morningside Chiefs Saturday night. The tailgate party on the upper level of the parking structure should provide everyone that attends the game with plenty of hype and spirit before the game.

The Mavs head into their third conference game against Morningside on a winning note after a comeback win over former No. 1 North Dakota State last week. The Mavs healed a longtime wound as they beat North Dakota State in Fargo for the first time in 60 years.

"It feels awfully good to win up here," UNO Head Coach Pat Behrns said after the NDSU game last Saturday. "There wasn't a thing going for us in this game."

The game was a message to all in the North Central Conference (NCC) that UNO may be a tough team to beat.

In UNO's past games, rushing posted their biggest numbers. The North Dakota State Bison held UNO to 126 yards rushing. In a game where rushing played a minor role, UNO was still able to pull out their passing game and stop the Bison offense from getting within range of the end zone. The Mav's proved that they were capable of moving the ball, whether running or passing.

Morningside is facing what UNO faced three years ago when Pat Berhns became head coach. Dave Elliott, the first-year head coach for Morningside, is looking for his first conference win against UNO.

Both coaches are working with young talent, however Berhns is in the conference title hunt and he's been with his players for a little while longer and had a few more times to see how his players are able to perform game day. Coach Elliott, on the other hand, has a limited amount of game time with this young team, and it shows with their 1-3 record.

While Morningside will come to Omaha as the underdog, UNO will finally get the respect it deserves if they win on Saturday. UNO must win this game in order to be a contender for a spot in the poll. Although many of the conference teams have underestimated the UNO Mavericks, that may soon change.

"They have made dramatic improvements in offense scheme and dramatic improvements in the defense scheme." NDSU Head Coach Rocky Hager said after the upset last weekend. "We said, going in, that it would be a tough game."

Even though the Fargo sports media was not convinced of the Mavs dominance one the Mavs in the polls. week ago, the Mavs have changed that.

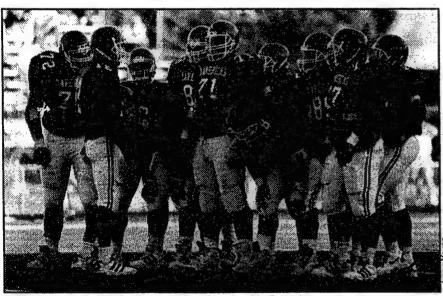
Although the Mavs are charging into the conference schedule with a dismal past, they have the respect of NDSU and other conference teams. However, the national polls have overlooked



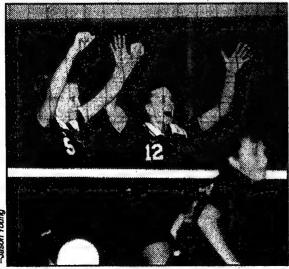
Jake Young will handle kick off and punt returns against Morningside.

"(The NDSU game) was a huge win for this program," Behms said. "It gives us the attitude that we can play with the best."

Morningside is next. Without the win, last Saturday will be



The high-powered UNO offense will host Morningside Saturday.



Steffel (#12) says the hitters, like #5 Chrystin Malone, have made the difference from last year's team. For a listing of previous Gateway Mavs/Lady Mavs of the Month, see page

Undefeated Volleyball Team's Steffel Claims Gateway Lady **May of the Month Honors**

By Tony Reinke

UNO's No. 2-ranked volleyball team had the best month in September than the past seven years, Head Coach Rose Shires said. It may be no surprise that Lady Mav setter Amy Steffel is having one of the best months of her career.

Steffel's September included a school record, two player-of-the-week awards, and a 13-0 record for her team during that span.

"I don't know if any team I have coached had a month like this," Shires said. "Army Steffel is the director of this team and has taken care of her end of the bargain. This has been one of the best months ever with our passing game."

At the Barry Invitational in Florida earlier in the month, Steffel led UNO to a 4-0 record against some of the top teams in the country. In set assists in a career.

Through the two-day event, Steffel had 163 set assists, which gave her 4,084 for her career. Early in a match against Northern Florida, Steffel set No. 3,985, surpassing Pam Largen (1988-91) on the school's all-time charts.

"Amy started a little shaky," Shires said. "The last two weekends have been great for her in regards to consistency, placement and tempo."

When the team's flight landed in Omaha, the Nebraska Division II athlete-of-the-week award was waiting for Steffel.

"This season means a lot to me," Steffel, the

team's only senior, said. "We don't get wrapped up in the little things because we still have that long-term goal of winning a championship."

Steffel and UNO traveled to the Northern Sun/North Central Conference Tournament in Marshall, Minn. Sept. 13-14.

Led by Steffel, the Lady Mavs rolled past three regional opponents in nine games. The 5foot-7-inch senior hit .500 in the tournament with 13 kills. She averaged 12.08 set assists per game and 3.5 digs as well. The Lady Mavs improved to 12-0 on the season.

When the team arrived in Omaha, the NCC player-of-the-week award was waiting for

While Steffel is a big part of the team's ofment her sets. Junior Tanya Cate, last week's National Volleyball Player of the week, is hitting .388 and leads UNO with 3.47 kills per

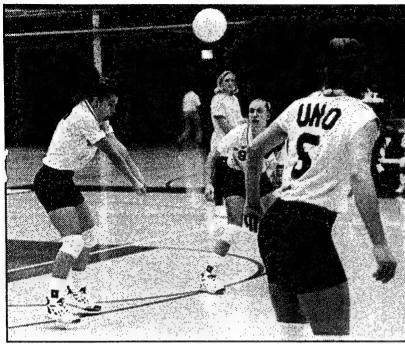
"All the hitters are so much more mature, even since spring," Steffel said. "They are more responsible more deceptive and more confident."

Shires said it's also the team's improved passing and Steffel's setting that has made the

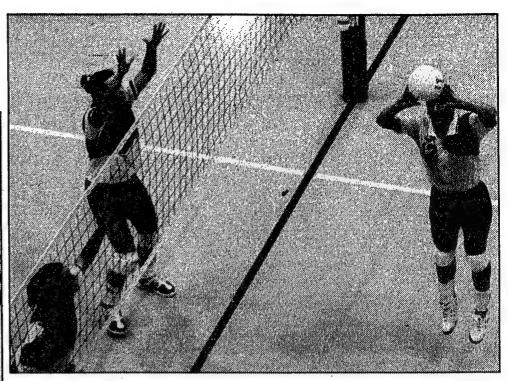
"Amy does a great job of making decisions on who to set the ball to and where the

--see Steffel, page 14--

Tanya Cate (at left in bottom photo), the team's leading hitter, provides defense for the Lady Mavs.



--photos by Jim Schiefelbein



UNO Setter Amy Steffel (#12, above) set herself into the school record books and the UNO Gateway Lady Mav of the Month Award for September.

UNO VOLLEYBALL

1996 Recent Results/Schedule records: 5-0 in the NCC, 17-0 overall

This Week: The Lady Mays travel to Augustana and South Dakota State Friday and Saturday. UNO will face the Vikings at 6 p.m. in Sioux Falls, S.D. and will face the Jackrabbits at 7 p.m. in Brookings, S.D.

Last Week: UNO Volleyball Head Coach Rose Shires' club sweept No. 12 St. Cloud State and Mankato State:

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Aug. 30	Wayne State	W 3-0			
Aug. 30	Missouri Western	W 3-1			Managaran and Managaran
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RESERVE	Si ·				
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mid. blocks		waag #15 (5-10, Fres		N)	
outside hitt	er: Christy Fos:	sum #6 (5-9, Soph.,)	Foley, MN)		
	er: Korrine Bol		Omaha, NE)		

The second of th

MAVERICK FOOTBALL

Morningside at UNO

Omaha, NE 7:00 p.m.

Morningside (Sioux City, Iowa): Except during World War II, UNO and Morningside have faced off every year since 1935, UNO's longest rivalry. The Chiefs are off to a 0-2 start in conference play. UNO defeated the Chiefs last year in Iowa and hold a 32-22 record overall.

Last Week: The Mavericks upset No. 1-ranked North Dakota State 24-21 in Fargo, N.D. for the first time in 60 years.

Radio: The game will be broadcast by Jim Kelter and Joe Patrick over KOSR, 1490 AM. The game will be carried in Sioux City, Iowa over 1470 by Gary Erickson.

National Stats: Of all the Division II schools, the Mavericks rank No. 12 in scoring defense at 12.8 ppg; No. 16 in total offense at 297.8 ypg; No. 17 in scoring offens at 31.5 ppg and No. 27 in total defense at 237 ypg.

1996 UNO Schedule/Results

records: 1-1 in the NCC, 3-1 overall

Sept. 7	HASTINGS	W	48-0
Sept. 14	NEB-KEARNEY	W	39-14
Sept. 21	MANKATO STATE*	L	16-15
Sept. 28	at North Dakota State*	W	24-21
Oct. 5	MORNINGSIDE*, 7:00		
Oct. 12	at North Dakota*, 2:00		
Oct. 19	N. COLORADO*, 7:00		-
Oct. 26	at Augustana*, 1:00		
Nov. 2	ST. CLOUD ST.*, 7:00		
Nov. 9	S. DAKOTA ST.*, 1:00		
Nov. 16	at South Dakota*, 1:30		

^{* -} North Central Conference Games

Maverick Two-Deep Roster for Saturday

OFFENSE

I MARTAY JENKINS (6-1, 183, Jr., Waterloo, IA)

26 Adam Wright (6-1, 196, Fr., Omaha) 65 BRIAN JARRETT (6-3, 285, RS/Fr., Lincoln)

LT

77 Lany Brown (6-1, 300, So., Hustings) 70 CHRIS BOBER (6-5, 300, RS/Fr., Ontaba) 68 Steve Dalveau (6-3, 295, RS/Fr., Falla City) 71 BOB WEGNER (6-2, 265, Jr., Omaha) LC,

0

59 Andy Stine (6-5, 245, RS/Fr., Greins)

63 DAN POTMESIL (6-6, 300, RS/Fr., Omaha) RG

74 Nick Prescott (6-3, 295, Fr., Omaha)
72 BRIAN DONOHOE (6-4, 281, So., W. D. Moines, IA)
79 Jason Lauck (6-4, 245, RS/Fr. Lake City, IA)
84 BRIAN BENJAMIN (6-0, 225, RS/Fr., Stockton, CA) RT

TE

88 Pete Conigilo (6-3, 240, So., Omaha)

12 ED THOMPSON (6-1, 175, So., Cambridge) QB

5 Jared Hendershot (6-2, 178, Jr., Nebraska City)

33 MELVIN MCPHAULL (6-2, 223, Su., Omaha)
7 Jeff Herdzina (5-9, 185, So., Columbus OR
4 Tyrone Tyler (5-10, 175, RS/Fr., W.D. Moines, IA)

FB 44 MICKY KOORY (6-0, 215, So., Omaha)

TB

22 Cale Good (6-1, 200, Sr., Dodge City, KS) 3 JAKE YOUNG (5-9, 170, Sr., Davenport, IA)

89 Yano Jones (6-2, 180, RS/Fr., Omaha)

DEEDNSE:

DE 43 GARY CHARLES (6-2, 215, Jr., Houston, TX) OR

90 BRENT NABEN(6-4, 232, Jr., Central City)

76 BRYON HOLSTON (5-11, 313, Sr., Eliz. City, N.J.) DT

64 Warren Whitted (6-1, 235, RS/Fr., Omaha)

51 JAY WINEINGER (6-3, 265, So., North Platte) NT

54 Jason Morris (6-2, 271, Jr., Omaha)

DE 86 DAMON HANSEN (6-4, 230, Sr., Los Angeles, CA)

67 Hank deBoer (6-2, 240, RS/Fr., Omaha)

MIKE 49 MARCELLES WALKER (5-10, 210, So., Omaha) 37 Cedric Welch (5-11, 215, Jr., Omaha)

46 JASON BARTLING (6-1, 205, So., Sidney) LB

96 Steve Gonzalez (6-1, 215, So., Omaha) 42 DEMETRIUS RICHARDS (6-2, 205, Jr., Omaha)

8 Lerner O'Neal (6-1, 195, Sr., Omaha)

LCB 32 NATHAN TATE (5-10, 185, So., Quincy, IL)

36 Brian Mead (5-10, 170, Fr., Omaha) 21 Tony Krels (5-9, 175, So., Papillion)

16 BEN TITUS (6-0, 180, So., Omatio) FS

30 Jamar Anderson (5-8, 180, Jr., Bellevue) RCB

6 PAT DAVIS (5-10, 185, Sr., N., Lauderdale, FL) 2 Robert Brown (5-10, 170, So., N. Lauderdale, FL)

20 NATE SULLIVAN (6-1, 205, RS/Fr., Omaha)

25 Terrell Spears (6-1, 210, Fr., Brooklyn, NY)

SPECIALISTS:

PK/KO14 Paul Kosel (5-11, 170, So., Omaha)

17 Mike Borrall (6-1, 175, Fr., S. Sioux City) OR

12 Ed Thompson (6-1, 175, So., Cambridge)

58 Chris Bober (6-5, 300, Fr., Omaha). Snap 64 Warren Whitted (6-1, 260, RS/Fr., Omaha)

I MarTay Jenkins (6-1, 183, Jr., Waterloo, IA)

3 Jake Young (5-9, 170, Sr., Davenport, IA) 6 Pat Davis (5-10, 185, Sr., N. Lauderdale, FL)

16 Ben Titus (6-0, 180, 🖺 👝 Omaha)

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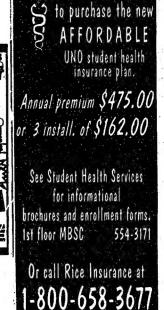
Northwest Center Ames Center 455-2121 6415 Ames Ave. 139th & Q Sts.

894-9006

Southwest Center Council Bluffs Center 322-6650 1604 Second Ave.

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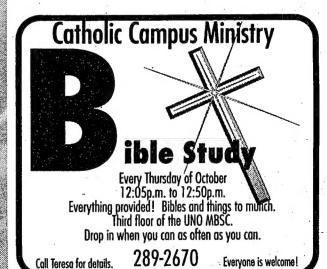


Every Tuesday Morning Prayer Time: 7:00a.m. breakfast and chat, 7:30a.m. Prayer (Rosory and Scripture). Finished by 7:50a.m. Meet in the State Room, third floor of the Student

Center. It's is not necessary to be on time. Arrive when you can.

Catholic Reading Club
Meets every other Friday, Oct. 11, Oct. 25, Nov. 8 and Nov. 22, at 7:00a.m.
UNO's Dundee Snack Room, South entrance to the Student Center, first left!
Breakfast included. Drop in when you can. We will finish at 7:50a.m. We are reading about fun and serious stuff and then we talk about what we read with each other. NO TESTS ~ EASY!

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Tail-Gate Party Saturday, Oct. 5

5:30p.m. Mavs vs. Morningside

Religious Center 101 N. Happy Hollow (NE Corner of Dodge St. Happy Hollow Blvd.)

Co-Sponeored by: United Christian Ministries, · Campus Lutheran Ministry, Lutheran Campus Ministry, Catholic Campus Ministry and Network for disABLED Students.

Sidelines

Cate Named National Player of the Week

UNO middle blocker Tanya Cate was awarded the American Volleyball Coaches Association's player-of-the-week award for Sept. 30.

The junior from Yutan, Neb. guided the Lady Mays to wins over No. 16 Northern Colorado, No. 12 St. Cloud State and Mankato State.

She had 47 kills, 26 digs, 14 blocks and a .564 hitting percentage for the week.

'NDSU Bad, UNO Lucky' Polls Say

Although UNO defeated the former No. I team in the country, North Dakota State, in Pargo, N.D. they have failed to gain respect of the pollsters.

Pargo, N.D. they have failed to gain respect of the pollsters.

In the top 20 poll released Tuesday morning, UNO was not ranked. NDSU dropped to No. 13.

Student Section Moves

After a story in the *Gateway* appeared on students' dissatisfaction on football seating in the east stands (Sept. 20, "Student Section at Football Games Under Fire"), Student President/Regent Candidate Wally Waller and Associate Athletic Director Bob Danenhauer have moved the student section.

The section, formally on the east side, has been moved to the north, according to Danenhauer.

"Waller and I are on the same pace because we both want students to attend the games," Danenhauer said. "Once the students start attending the games, we'll be willing to accommodate them. Waller said he could get students there and I challenged him to it."

The athletic department is also holding promotions to gain student interest. Two students will have a chance to win a computer from Mega Mart. Another four or five students will win CDs from Blockbuster Music, Danenhauer said.

Saturday game is First National Bank night.

Thompson, Sullivan Honored for Upset

Not long after the dust was washed off the Mavericks' bus from their road trip to North Dakota, two football players earned awards.

Quarterback Ed Thompson and defensive back Nate Sullivan were named the Nebraska Division II football players of the week.

Thompson passed for a career-high 228 yards in the NDSU upset and Sullivan added 19 tackles on defense in the game.

X-Country Team to Run in Omaha Classic

The No. 21 Lady May Cross Country squad will compete in the UNO-Creighton/ Lucent Technologies Classic, Saturday at 11 a.m.

The team is coming off a second place finish at the Doane College Invite.

--from Steffel, page 11--

opponent's block is at," she said.

Off the court, Steffel is just as prominent. On top of a 3.6 GPA she held last year, Steffel spends time volunteering in the community with children and saves time to study with fellow players.

"The things she does off the court are very indicative to what she does on it," Shires said. "She studies with other players and makes sure that she is a steady example for them."

The Lady Mavs have held the No. 2 spot in the country for the past two weeks — they are on top of the NCC as well.

"Every match we play, teams are gunning for us," Shires said. "When our players feel a match is going to be a war, they put their mental war paint on before they step on the court."

All the players may wear the mental face paint, but Steffel is the chief when the war begins. As each week passes, the wars are more important in Steffel's dream of a national championship.

"We stay focused on each day," Steffel said.
"But as each day passes we all realize that it (a national championship) is becoming more of a reality."

U.S. Department of framporto



Aaron Rodriguez Ballplayer freshman year Little League Coach sophomore yea Killed junior year December 28, 1993 San Antonia TX

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Gateway's UNO Mav/Lady Mav of the Month Award

Amy Steffel, the setter of the undefeated UNO volleyball team, was awarded the *Gateway* Lady Mav of the Month award (see story). Here are the winners of the award (note: only one athlete was chosen each month last year):

Past Winners of the award:
October 1995 CARRI BUTLER, women's track

November 1995
December 1995
December 1995
Deptition JOHN SKOKAN, men's basketball
Denise Peterson, softball
MELVIN McPHAULL, football

AMY STEFFEL, volleyball

EDITOR

one-time

of Publication

Gateway Extra: The Year in Review

To be published in May 1997

Qualifications:

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- Pagemaker proficiency
- Ability to commit time between now and May 1997 to prepare pictures and copy for year in review.
- Desire to produce quality new product for the UNO campus.

To Apply stop by the Gateway, MBSC 115
If you have any questions call Carol Buffington at 554-2470

Application Deadline: Friday Oct. 18, 4p.m. Interviews will be held in early November

(Please don't confuse with Editor of the Gateway, bl-weekly newspaper.)

ADVERTISING MANAGER

The UNO Publications Committee is accepting applications for Gateway Advertising Manager for spring semester 1997.

To qualify, applicants should be responsible, self-motivated individuals with a knowledge of print advertising design and layout. Knowledge of Macintosh computers is necessary. Applicants must be sales oriented and have the ability to recruit, train and manage a sales staff.

The position is open to all UNO students. Application deadline is Friday, Oct 18, 4p.m. Applications are available in the Gateway office, MBSC 115. For more information contact taxpl Buffington at

55432470

--from Milk, page 9--

supplements should not replace dairy products altogether, said Barger-Lux.

"It is by far preferable to eat a good diet. Supplements should only be used to enrich a diet," Barger-Lux said.

According to Barger-Lux those at the greatest risk for osteoporosis are:

Individuals with a diet low in calcium, those who are underweight, women who exercise to the point that they stop menstruating, small or thin-boned people, smokers, people who regularly drink alcohol to excess and people with fair complexions. Women are at more risk than men, but men are not immune.

Women are at more risk because at menopause their ovaries stop manufacturing estrogen, the female sex hormone. After menopause, women lose 15 percent of their skeletal weight in two to four years, Barger-Lux said. The roles testosterone, the male sex hormone, and estrogen play in maintaining bone density are not fully understood, but are being researched at

Being under weight leaves women predisposed to osteoporosis because estrogen production usually decreases as body weight decreases, Barger-Lux said. In general, those who are underweight are less likely to get enough calcium and other essential vitamins. Normal movement and weight bearing exercise put bones under stress causing them to increase in density. People who are under weight move in the same ways, but do not put as much stress on their bones because they are not lifting enough weight.

Small and thin boned people do not have as much bone mass to start with. As they age, the loss of bone density makes their bones smaller.

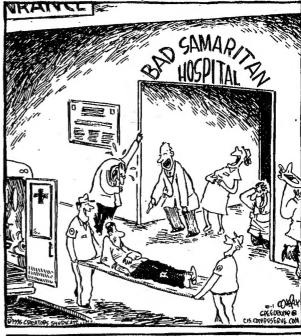
Athletic women who exercise to the point where they stop menstruating are at more risk because, like underweight women, their estrogen levels are significantly lowered. They are also more likely to have stress fractures as a result of repeated intense exercise.

Smoking elevates a persons risk for osteoporosis in several ways. Smoking causes the break down of sex hormones, especially in women. Most women smokers reach menopause two years earlier. Smoking also constricts the blood flow to bones so they do not get as SPEED BUMP

Dave Coveriv



ANOTHER REASON KIDS SUSPECT ALL PARENTS ARE INSANC





much nourishment as they need and do not absorb calcium and other minerals easily.

There is evidence that alcohol is poisonous not only to brain cells but also to bones. Alcohol restricts the amount of blood to the bones. so over time they begin to deteriorate from lack of nourishment, Barger-Lux said.

People with fair complexions are at greater risk because they often do not spend as much time in the sun. Exposing the skin to the sun is the best way to create vitamin D within the body, which helps the body absorb calcium.

There are no warning signs of osteoporosis and few outward indications. Currently, there is no cure for osteoporosis, but steps can be taken to prevent it.

These are eating a calcium rich diet, remaining active, not smoking and avoiding excessive

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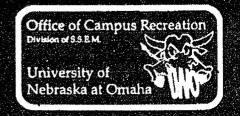
Omaha, NE

(SE corner of 132nd & L)

or apply in person Mon-Fri 8:30a.m. to 8:30p.m.

SO HURRY!

211015 HPER Building Room 100 554-2539



Intramural Scores

FOR THE WEEK OF MONDAY, SEPTEMBER 23 THROUGH SUNDAY, SEPTEMBER 29

/-on-/				
FLAG FOOTBALL	<u>TENNIS</u>	4x4 SAND VOLLEYBALL	3×3 BASKETBALL	
League "A" "Green Pool" M2 vs Florida State 20-7 Craniums vs Phelta Thi 21-0 Husker vs Grab Deez 41-0	"Green Pool" Gifford vs Jaworski 2-0 Medina vs Cervantes 2-0	Co-Rec "Green Pool" Yakuza vs Players 2-0 Hanson vs Beach Bums 2-0 Spikers vs SAB 3-0	League "A" Joint Brothers vs The Squad 21-8 Razorbacks vs Voc Raiders 0-0 Mulcahy vs LBK Crew 21-19	
League "A" "Red Pool" K-Mart vs Madden 12-6 Speed vs Rookies 15-12 Dawgs vs Free Agents 18-6	"Yellow Pool" Williams vs Carlyle 3-0 Ford vs Kassal 2-0	Co-Rec "Red Pool" Sand Beasts vs PEK 3-0 Cordle vs Nameless 3-0 Ink N vs Beach Bums 2-0	League "B" Monkey Pirates vs Hoops 21-15 Critser vs Trial Sized 0-0 The Nips vs Grants Team 0-0	
League "B" All Defense vs Blackshirts 0-0 Fire & Forget vs Alas 6-0 Wags & Women vs Boose 0-0	<u>"Red Pool"</u> Livingston vs Wisniski 3-0 Heldrung vs Kazor 2-0	Women's League Zeta #2 vs Dug It 3-0 Zeta #1 vs Spike It 3-0		
Wednesday Fraternity Leagues				

Even Peter Parker's jealous...

http://www.gateway.unomaha.edu

ASSIFIED

NOTICES

Advertising will be rejected that discriminates based on age race, color, national origin, religion, sex, disability, marital status or sexual orientation.

LOST & FOUND

FOR ITEMS LOST AT UNO. Contact Campus Security, EAB 100,554-2648, Turned-Initems can be claimed by a description and proper identification.

Advertising for items lost or found on the UNO campus will be published free in the Gateway for two weeks. Forms are available at the Gateway Office located in Milo

ADOPTION

Adoption - A Caring A native Plan the best future for you and vour baby

Nebraska Children's Home 3549 Fontenelle Blvd. 451-0787.

PERSONALS

MEET PEOPLE IN YOUR AREA! Set up a voice box to me women. LIFESTYLES TOO! CALL 1-900-407-7072 ext. 901 \$2.95/min 18+ T. tone only. 24 hour

Place an ad today! Just call us at 554-2470

FREE PREGNANCY TESTS No appointment needed 5001 Leavenworth or new north Omaha location: 1723 N. 33rd St.- lower level Call for hours EPS PREGNANCY SERVICES

GROUPS AND ORGANIZATIONS

554-1000

Vote For Erik Tighe 1996 Homecoming King Candidate Sponsored by Sigma Phi EpsilonVote October 2-4 South Side MBSC.

National Coming Out Day Oct. 13, 1996. Come help us celebrate in the MBSC from 1-6 p.m. Students FREE with ID.

Speak more clearly and forcefully with Numero UNO Toastmasters. 2nd and 4th Wednesdays at 11 in 3646.

Attention Gay, Lesbian, bisexual, Transgender students-Confidential conversation group. Discrete support provided. Contact

New Members Welcome!! for the Gay and Lesbian DIVERSE Organization. If you have any questions call Jonathan Raymond,

president of GALO at 571-8518. Walk it in, phone it in, or even fax in your Classified Ad to the Gateway. 1st Floor Milo Bail SC.

FUNDRAISING The Citibank fundraiser is here to

help youl Fast, easy, no risk or financial obligation - Greeks,

(800) 862-1982 ext. 33

HELP WANTED

5.35 an hour Early mornings parttime, cashler and customer service experience needed, must be selfmotivated and posess good organizational skills. Must work some Sat. Second level UNMC by Gift Shop or call 669-7824 before

Part-time person needed at Mail Box Etc. Offer flexible hours. Apply at 13768 Millard Ave. or

> Retail Sales Positions Crabtree & Evelyn Day-Evening-Weekends Apply in person

All the latest news and ation: News, Sports Health, Entertainment, Features and more. Stay up to date....read

Pick up your copy today! Located on the 1st Floor of the Milo Ball Student Center. Be in the know at UNO!

Clinical Conduct Associate Laboratories has opportunities available in clinical conduct for CCAs. CCA duties will include handling and processing samples, monitoring study participants, and recording of raw data. Phiebotomy experience individuals, calinow. Raise \$500 in only one week. helpful, but not required. We require a HS diploma or GED. Education or training in life sciences or a medical environment preferred. Ability to work a flexible schedule required. Number of hours vary based on staffing needs. Please complete application at:

HARRIS 1941 South 42nd St. Suite 109 Omaha, NE 68105

Omaha couple seeks responsible person for child care (one great have references and be able to work flexible hours. Home is located near Methodist Hospital. Please call 392-7360 after 7:00pm.

FREETRIPS & CASH! Individuals and organizations wanted to self SKI & SPRING BREAK beach trips. Hottest places & coolest spaces Check out our web site: www.studentexpress.com Call diately Student Express, Inc. 1-800-SURFS-UP.

The Gateway is a Great way to place a Classified Adl Easy, affordable, and gets results quick.

Just call the Gateway Office at 554-2470 and ask for Kelly or Carol.

Women Needed (19-27 years) for SPRING BREAK '97, EARN a 3-year calcium study. If you are a non-smoker, in good health, and have a poor diet, especially dairy products, you may qualify. Stipend. Call Betty Chin at 280-4819, Creighton University Osteoporosis Research Center. Looking for friendly, articulate

individuals with some of new music to conduct telephone surveys. There is absolutely no selling involved!! Hours are parttime evenings. Apply in person Monday-Friday 8:30a.m.-5p.m. at Mitchell Radio Group Offices 1001 Farnam-On-The-Mall, Omaha Mitchell Radio Group is an equal opportunity employer. .

Reliable, part-time, weekend care provided for 31/2 yr. and 2 mo. old person for child care (one great Experience preferred, with 4yr. old boy) in our home. Must references. Inhomecare. Position offering \$7/hr. 289-2058.

> Full & Part time positions available. Cashiers, Courtesy Clerks. Service Depts.-Deli, Bakery, Produce & Grocery. Office Depts.-Bookkeeping & Pricing. Pald Vacations, premium pay, 401K & profit sharing. Apply in person at CUB FOODS, 770 N. 114th.

Don & Millies 44th & Famam

Now hiring part-time help for all positions. Days and nights available. We offer an exceptional work environment, 1/2 price meals. flexible scheduling and grea managers! If you can work only 5 hours or want 50 hours we would like to talk to youlf Apply after 9

CASH COMMISSIONS, TRAVEL FREE ON...ONLY 13 SALESI JAMAICA CANCUN, BAHAMAS, FLORIDA,

PADRE FREE INFO PACKET! **CALL SUNSPLASH** 1-800-426-7710 WWW.SUNSPLASHTOURS.COM

FOR SALE

'91 Lebaron Convertible Maroon in excellent condition. \$6500/or best offer. 330-5504

Sofa and Love seats. Contemporary, pecan back and sides, navy fabric, great condition, \$150/OBO. 293-9474

SEIZED CARS from \$175. Porsches, Cadillacs, Chevvs. BMW's, Corvettes. Also Jeeps, 4WD's. Your Area. Toll Free 1current listings.

Housing

APTS., HOUSES and sleeping rms, for rent, roommate lists - call UNO Housing Referral Service 554-2383 or stop in the Admin Office, Milo Bail Student Center,

HOMES FOR SALE

13 room brick ranch. Excellent offer. 1606 N. 58th St. 553-0313. discounts. Call us at 554-2470!

SERVICES

Computer upgrades and custom built systems. Lowest prices in the area

PC SUPPORT 289-3626.

Professional Tutoring in ESL-English as a Second Language Scholastic - Conversational, Call Jim 738-9304.

TRAVEL

ALL TRAVEL

For best prices anywhere. Speciality Packages or Vacation ScoreCard Travel (402) 697-0330.

TYPING SERVICES

Word processing; papers resumes, etc, Fax/modem, Notary Public. Call Melissa at Data Developers, 556-3008.

All typing services reasonable student papers \$1.50 per page. Adjacent to UNO- Fast, accurate, laser printing. Mary 551-

AD INFORMATION

Anyone can place an ad in the Gateway! It's only \$3.00 for the first four lines and .50 cents for condition. Has view, trees, each additional line. Students, fireplace, quiet. Job transfer. Make faculty, and organizations get great